

# Public Speaking Workshops

For people with intellectual disability

I want to be involved so I can  
express myself better and share  
my experiences



## About these workshops

Everyone has the right to speak up and be included.

Side By Side Advocacy is running 8 workshops to help people with intellectual disability build public speaking skills.

First workshop:

Date: Thursday 17 April 2025

Time: 10am to 1pm

Location: Phive - 5 Parramatta Square - room 3.01



## Who can join?

Workshops are for everyone, including:

- Confident speakers who want to improve their skills
- People who feel anxious about public speaking
- People who communicate using gestures, technology, images or signs
- People who have never tried public speaking.

## What will I learn?

- Practice speaking in a safe and friendly place
- Learn from others by listening and sharing
- Track your progress using recordings
- Plan what you want to say

## Contact us if you want to get involved!

- Call : (02) 9808 5500
- Email : [chris@sidebysideadvocacy.org.au](mailto:chris@sidebysideadvocacy.org.au)
- Website : [sidebysideadvocacy.org.au](http://sidebysideadvocacy.org.au)
- Location : Level 2, Suite 206, 34 Charles Street, Parramatta NSW 2150